

"From Christ the whole body, joined and held together by every supporting ligament, grows and builds itself up in love as each part does it's work." Eph 4:16

## WELCOME to St Richard's Crowborough

### News update 7 May 2023

Sunday 7 May 2023 - **All age Coronation service 10.45am** - (with self-service Creche)

**Praying for our earthly king** (1 Tim 2:1-4) **Serving as our heavenly King** (Luke 22:24-27)

(Mark Rapley preaching & leading)

**Evening service at All Saints, 6.30pm**

Come along to All Saints Church or tune in to their Live Stream for the evening service:

*Philippians 1:12-18 I rejoice when Christ is preached* [allsaintscrowborough.org/live](http://allsaintscrowborough.org/live)

### CHURCH NEWS...

- **PRAYER: Weekly lunchtime prayers at St Richard's – Wednesday 10 May 12.00 – 12.45pm**  
A time of fellowship around God's word and prayer. Join with us as we think through what we heard on Sunday in the service and to pray for the Church of England, our church, our community, the churches in Crowborough and the world.
- **Big Church Festival** (previously Big Church Day Out) Sat 27 - Sun 28 May 2023, a great family day/weekend, a Christian Festival of Worship and Fun in West Sussex. Use this link to access our group booking page offering discounts <https://bigchurch.group/2023/all-saints-crowborough> (closes 22 May.)
- **FEST 2023 – Date for your diary 23<sup>rd</sup>-25<sup>th</sup> June 2023**  
**BOOKING NOW OPEN**  
Over the weekend of 23<sup>rd</sup> – 25<sup>th</sup> June the church families of St Richards and All Saints are invited to relocate to a campsite near Halland for Fest 2023. Enjoy a weekend away under canvas or in a caravan to worship, share fellowship, play games and get to know people. You don't have to camp though, "day visitors" are also welcome, but booking is essential! Oh, and meals are included in the price.  
Bookings are now open, with early bird rates until 11th June!  
<https://allsaintscrowborough.churchsuite.com/events/cvwwi2uc>
- **Can you help?** Let Mark or Trish know if any of the following are you...  
Would you like to stay the whole event but don't have camping equipment?  
Would you like to go but would appreciate help with the cost?  
Do you have camping equipment (tent etc.) that you would be happy for someone else to borrow?  
Would you like to sponsor an individual/family to go?



- **Ice cream or large Margarine tubs:** We need a few of these to store craft bits in for our children's groups. If you are coming to the end of a delicious tub of ice cream or about to scrape the last bit of margarine onto your toast then please think of us and save it for us to use! Please just leave somewhere in the church kitchen. Thank you!
- **Friendship hour – PLEASE NOTE will be held on 15<sup>th</sup> May this month**  
Friendship Hour is a companionship group for senior men and women, which welcomes and offers support to anyone who may spend a lot of time on their own. Our desire is for those in the group to draw close to God and feel cared for in a special way. Usually held on the second Monday of each month. It starts at 2.30pm. We have a great team of helpers, and where possible also try to provide transport for anyone who may need it. Please contact Dorothy on 01892 655480 d.hards80@btinternet.com (or Frances on 01892 661959) for more details.
- **Barnabas Dementia Support Group** will be holding a **fundraising coffee morning on Wed 17th May** for dementia charities. Donations of cakes greatly appreciated. Please contact Irena Morrison 652598.
- **Crowborough Women's breakfast** - Saturday 20th May at 8.30am at Crowborough Community Centre. Fay Summers will give her testimony and what persuaded her to write a book about her experiences. Tickets £10 from Jane Speedie (663388).
- **St Richard's Monthly prayer meeting** - this **Thursday 10 May** – 7.45pm at St Richard's. Let us set apart this **Thursday evening** as a time for prayer for our world, country, and church locally and globally.

## Free NHS Health Checks - offered to residents in Wealden.

The NHS Health Check is a free check-up designed to spot the early signs of strokes, kidney disease, heart disease, type 2 diabetes or dementia. Residents aged 40-74, who haven't had a stroke or don't suffer heart disease or kidney disease, are eligible for an NHS Health Check every five years. Residents who have been diagnosed with high blood pressure, high cholesterol or diabetes will not be eligible.

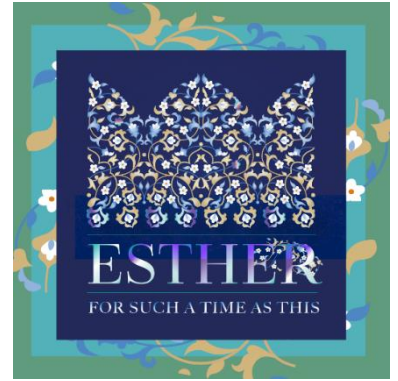
The health check will include taking height and weight measurements and some blood samples to analyse sugar levels and cholesterol. Residents will also be able to discuss any medical questions, talk about family medical history and to receive support, if needed once their results come back.

**Clinics will be held at St Richard's** on various dates: If you would like to book an appointment please contact Jo Stonebrook on 07712 611209.

# Opportunities to learn and grow in your faith!

- **Southern Women's Convention 2023**

This year's SGP Southern Women's Convention is on **Saturday 10th June 2023 at All Saints Crowborough**, with guest speaker Charlotte Cornes. A day of teaching, fellowship, worship and seminars, through which we will be taken through the unique Old Testament book of Esther as we reflect upon "For such a time as this". **Bookings open on Monday 27th February** via this link: <https://allsaintscrowborough.churchsuite.com/events/spp5yekg> or contact All Saints office on 01892 652081



- **SGP Partnership Training Day - Tuesday 6 June 2023**  
**10am to 4.15pm at Cuckfield Baptist Church - £10 per person.**

**This Training Day is open to anyone so let us encourage you to attend if you're able!**

Dr Matt Searles (author, speaker and Biblical Studies Lead for Crosslands Training)

will be leading a day on Isaiah and the Gospels. Join us for this day to:

- Become more familiar with Isaiah as a book, especially the promises of hope in Isaiah 40-66
- Be equipped to see the background to the gospels in Isaiah, so that you can read the gospels more richly
- Gain a deeper view of Christ and his salvation
- Grow in skills in Biblical theology as we see how New Testament authors pick up on themes from the Old Testament and expect their readers to do the same.

*If you have any extra questions contact Trish at the church office: 01892 611318 or to book use the following link: <https://events.sussexgospelpartnership.org.uk/partnershiptrainingday>*



- **CAP JOB CLUB**

Is there someone you know who you could encourage to come to this course? To book or for more information contact John – [johngriffiths@capjobclubs.org](mailto:johngriffiths@capjobclubs.org) or Trish at the church office: 01892 611318



**Job Club is a FREE**  
relaxed 1 hour 8 week course

- Discover your strengths
- Help improving your CV
- Practice for interviews



To book or for more info contact  
John [johngriffiths@capjobclubs.org](mailto:johngriffiths@capjobclubs.org)  
or Trish 01892 611318

- **Foodbank** If you would like to bring items along the current Foodbank wish list is below,  
and for their full list of acceptable items check out:  
<https://crowborough.foodbank.org.uk/give-help/donate-food/>

## This week's Top 10 items

Gluten free Products	Long-life semi skimmed/whole milk
Vegan Products (esp tinned beans)	500g packets rice
Washing up liquid	Washing up liquid
Breakfast cereals	Toilet rolls
Pasta sauces	Baby top to toe wash

**Next Sunday 14 May 2023**

**Lord's supper - 10.45am** (with Creche, Sunday club & Lasers!)

**Luke 11:5-13 Fruitful followers: The fruit of audacious prayer.**

(Steve Rees preaching & Lord's supper, & Abi Lattimer leading)