

*“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.” Eph 3: 20-21*

## WELCOME to St Richard's News update 6 Oct 2024

### Sunday 6 Oct

#### Morning service - 10.45am

(with Creche, Sunday Club & Lasers!)

Exodus 4:1-31 Big doubts – Sufficient Lord

(Mark Rapley preaching & Trish Scobell leading)

Evening service at All saints – 6.30pm - Following the Way, Our Character: Pure, Peaceful, Persecuted

Matthew 5: 8 - 12- [All Saints Live Stream](#)

## Notices...

### • Keswick Convention 2025 – “Be Transformed”

#### Week 2: Saturday 19th – Friday 25th July 2025

Ten years ago, St Richards travelled to the Lake District and attended the Keswick Convention. Well, we thought it was time we returned. Interested? Pick-up a leaflet, join the informal meeting after the service THIS Sunday or chat to Philip and Sue RS.



## Changes to those who need to do Safeguarding Training

- The Church of England want people to be more aware of potential Safeguarding Issues in our churches and have asked anyone involved with children or vulnerable adults and also people who regularly mix with members of the church family to do safeguarding training.
- This includes clergy of course, wardens, PCC, also house group leaders, pastoral team leaders and members, anyone who volunteers for such groups as Friendship Hour, Craft Group, children's group leaders and helpers and members of any other future other groups.
- Many people will already have completed training if they have had to be DBS checked already.
- Jane will be writing to you individually over the coming weeks to complete training. Some people need just Basic and others Basic and Foundation. She will inform you of the online link and tell you which levels to do. Please send her the certificate when completed.
- If you have no computer or find these things difficult please contact Jane and we will endeavour to make alternative arrangements.

# What's on this week...

## MONDAYS

- **THIS MONDAY 5th AUG: Southern Crowborough café – NEW TIME 10am-12pm.** Come and meet with people from our community!
- **“A Walk in the Park” every week 9.30-10.30am. Last one of the season– 28 Oct.** Reaching out to the community with fitness & friendship. We meet in Adam’s close cul-de-sac.
- **Men’s Sausage Roll Club – most Monday mornings**  
If you’re free on Monday mornings and would benefit from good company and conversation, then why not join this group. They meet in various places so for more information and the latest rendezvous have a chat with John Wayte.
- **Southern Crowborough Craft Group - 2-4pm every Monday.**  
A craft group for anyone who likes to chat over coffee and crafting - meets in the lounge at St Richard’s. For more info chat to Rosemary Longley.

## TUESDAYS

- **Little Seeds Toddler Group 10am till 12pm**  
Meeting during term time, this provides a welcome meeting place for local parents and carers to socialise and bring their little one to enjoy playing and organised activities. First timers are welcome to come for a taster session just give Sarah a buzz to let us know you’re coming.
- **Heroes (R-Y2) and Adventurers (Y3-Y6) at All Saints –**  
During term time we partner with All Saints in their youth groups. Meeting from 4:30pm to 5:30pm. Hero’s meets in the Parish Halls Adventurers in the downstairs hall accessed from the back of All Saints church. For more info email Sarah Thrift [sarah@allsaintscrowborough.org](mailto:sarah@allsaintscrowborough.org)



## WEDNESDAYS

- **Midday prayer at St Richard’s – every week 12noon till 1pm**  
Join with us as we think through what we heard on Sunday and to pray for our church, the community of southern Crowborough, the churches in Crowborough, the CofE and the world.
- **The Barnabas Support Group – every third Wednesday 10.30am – 12noon**  
in the Downstairs Rooms at All Saints Church to bring together those with dementia or memory loss problems and their carers for encouragement, sharing together, and information. All are welcome to come and join in these Coffee Mornings. **For more information, please speak to Frances Sadd.**

**Barnabas Dementia  
Support Group**

# THURSDAYS

- **Pastoral Surgery**

A key aspect of church life is our spiritual health and wellbeing. Slots are available Monday evenings from 7.45pm and Thursday afternoons from 4pm at St Richard's lounge. A time to chat through things, share time in prayer and fellowship, whatever may be helpful for you.

# FRIDAYS

- **Ladies bible study – during term time at St Richard's 10:15 -11.30am.**

An hour together to enrich our bible knowledge and grow in faith. Speak to Trish if you think you'd like to join us!

## Dates for your diary

**Looking ahead here are some proposed events and dates coming up from September**

- Sunday 22<sup>nd</sup> September – **Mission Sunday (Tearfund) – Take 2 - with lunch provided.**
- Sunday 29<sup>th</sup> September – **Harvest with BYO lunch.**
- Saturday 16<sup>th</sup> November – **Candle Painting evening - 7.30 – 9pm.**  
**Book tickets [HERE](#) or contact the church office.**
- Sunday 17<sup>th</sup> November – **AGM - Take 2 - with BYO lunch.**
- Friday 29<sup>th</sup> November – **Crowborough Christmas fayre – St Richard's plan to have a stall.**
- Friday 6 December – **Christmas Quiz Night – 7.30pm - £2 per ticket.**  
**Book a table (up to 8 people) please contact the church office.**
- Saturday 14 December – **Christmas Family fun afternoon (for ages 0-13yrs) 2-3.30pm.**  
**Book tickets [HERE](#) or contact the church office.**
- W/C 15<sup>th</sup> likely 18<sup>th</sup> and 20<sup>th</sup> December – **Carol singing -**  
Nightingales (Sun 8 Dec) and Alderbrook (Fri TBC)
- Sunday 22<sup>nd</sup> December – **10.45am Scratch Nativity 7pm Carols by Candlelight.**
- Tuesday 24 December – **Christingle Service – 4pm.**
- Wednesday 25 December – **Christmas day All age Celebration service – 10am.**

# Book recommendations

## A Girl's Guide to Making Really Good Choices

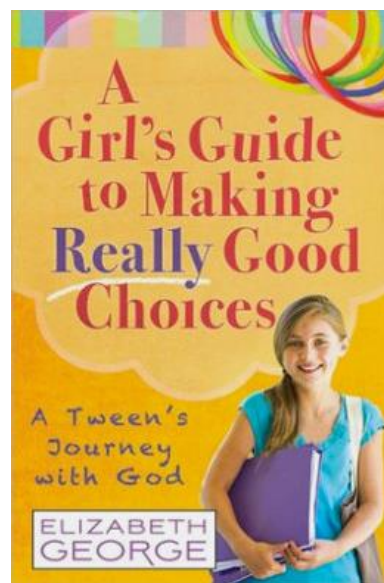
Elizabeth George

Helping teenage girls to make wise, biblical choices that set their heart on the right course.

Every girl is a beautiful creation, uniquely equipped by God to do His work in the world. But as girls are growing, changing, and making choices about the kinds of lives they will lead, they are bombarded with conflicting messages about what it means to be a woman. The media says one thing, boys say another, and friends seem obsessed with whatever is newest and coolest. As a result, girls too often hand their decisions over to those least qualified to make them.

Into the breach steps Elizabeth George, bestselling author and beloved Bible teacher. With wisdom, gentleness, and tremendous grace, she guides tween girls aged 9 to 12 through the most challenging decisions they face, teaching them to let God—not the world—define who they are.

Discussing such topics as attitude, friendships, crushes, parents, school, and avoiding bad situations, Elizabeth helps girls see that the very best choice of all is a choice to live within God's will.



## A Boy's Guide to Making Really Good Choices

Jim George

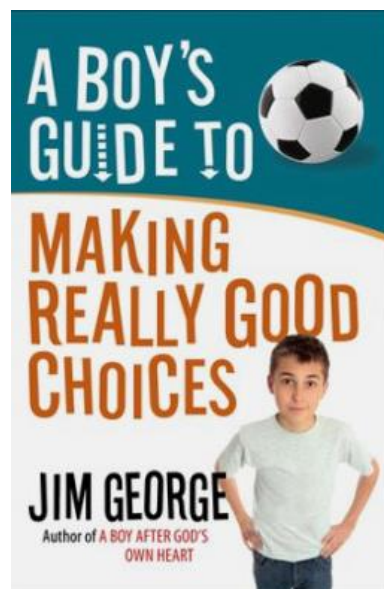
Helping tweenage boys to make wise, biblical choices.

It's never too early to give young boys a resource that will help them learn the skills for making right choices in life. A Boy's Guide to Making Really Good Choices is designed to help boys aged 9-12 learn how to think through their options, realise the possible consequences, and develop good decision-making skills.

In this book, Jim George uses helpful stories and illustrations to walk boys through the kinds of choices they are likely to face each day—choices to...

- listen to their parents
- do their best in school, sports, and activities
- select friends with care
- be kind to siblings and others
- help out at home and have good manners

Through the use of real-life scenarios, Jim George equips boys to build good character—the kind that will stay with them for life and honour God's standards.





# TICKETS NOW AVAILABLE

via the links above in Dates for your diary.



*St Richards*  
**Candle painting evening**  
Refreshments, nibbles & a short Christmas thought

Saturday 16th November  
7.30-9pm  
at St Richards

Tickets - £8  
(includes everything  
to paint 3 candles)

To book contact:  
strichardsoffice@gmail.com  
01892 611318



**QUIZ NIGHT**  
at  
*St Richards*

Friday 6th December - 7.30pm

£2 per head  
To book a team table  
(6-8 people)  
Contact:  
Strichardsoffice@gmail.com  
01892 611318



*St Richards*  
**CHRISTMAS**  
family fun afternoon  
CRAFTS & ACTIVITIES & CAFE  
KIDS TALK

SATURDAY 14TH DECEMBER  
2-3.30PM

Entry £1.50  
including

**SANTA'S GROTTTO**

To book tickets contact:  
Strichardsoffice@gmail.com  
01892 611318

## Opportunities to serve and help others

### Crowborough Foodbank

St Richard's is a Foodbank collection point, for a list of acceptable items check out their [website](#)

### Crowborough Pantry

This open to anyone, regardless of circumstances, and aims to help both the planet and the community, by sharing donated food which would otherwise likely be wasted. You'll find them around the corner in Beechview Parade, Open:

Mondays: 10am until 11am

Tuesdays: 2.30pm until 4pm

Thursdays: 6pm until 7pm

Saturdays: 10am until 11am

Sundays: 6pm – 6.30pm



**Next Sunday 13 Oct**

**Lord's supper at 10.45am**

**(With crèche & Sunday Club! Lasers in the main service)**

**Exodus 5:1-6:12 When God says "I will"**

**(Nick Ashton preaching & Lord's supper, & Mark Rapley leading.)**

## Opportunities to Grow in our Faith

### Bible overview course

What can really help our bible study is a framework that covers the whole bible. One way of creating that is through being part of an interactive course group.

This term in our Home Groups we will be running through [The Bible Course](#) created by the Bible Society it is an eight-session course helping us explore the BIG story.



If you would like to join a group speak to Trish or Mark. If you are already in a group pick up your book from your home group leader.

"Big, complex, old ... just some of the words people use to describe the Bible". Sound familiar? That's where *The Bible Course* comes in. The course will increase your confidence, equip you to read the Bible better and help you to see its relevance to daily life. The course provides a birds-eye view of the world's bestselling book.

Over eight interactive sessions, it combines video teaching, group discussion and personal reflection and daily readings.

### Bible reading NOTES

A great help and starting point for getting into the bible is using 'bible notes'. More than just a verse for the day, these lead us through chunks of the Bible at a time, giving us a sense of the bigger storylines and themes of the Bible and its books. Check out... [Explore notes, Good Book Company](#) These can also be ordered in paperback or purchased to download via the Explore app on your phone.



### The bible and Archaeology

This term at our Sunday morning gatherings our sermon series is on the book Exodus. We know we do not need archaeology to prove whether the biblical accounts of historical events are reliable, but it is certainly fascinating when cities, regions, dynasties, and specific rulers literally come out of the ground 3500 years later. Exodus is a book that has many significant global events described as it dovetails with the Egyptian nation. Amongst the many people who write and vlog on this, one that Mark finds particularly helpful is Joel Kramer. For example, there has been much debate on which Pharaoh was the Pharaoh of the exodus, well, Joel has a great [video](#) on that.